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## Creating Art: In Search of Meaning

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## "Creating Art: In Search of Healing"

Mary Elizabeth and Charles Bernard Rodning Gallery of Art

Glass Cases

October 4, 2012 - December 21, 2012

Glass work from the exhibit, "Creating Art: In Search of Healing," will be on display in the glass cases in the Mary Elizabeth and Charles Bernard Rodning Gallery of Art located on the third floor of the University of South Alabama Library from October 1, 2012, through December 21, 2012. The exhibit highlights recent scientific findings supporting the idea that the process of making art is one of neurological restoration and seems to be an effective tool in reducing levels of anxiety. The exhibit is free and open to the public during library hours.

The artist behind the exhibit is Dr. Matilde Tellaetxe, instructor for the Visual Arts Department in the College of Arts and Sciences. Tellaetxe has an M.D. and Ph.D. in Medical Microbiology from the University of Basque Country in Spain, as well as a degree in Fine Arts from the University of South Alabama. Her knowledge in both art and sciences are what Tellaetxe says motivates her to understanding the science behind the art making process and how it could be used to impact human health and well-being.

"The pieces in this exhibit have been designed to evoke a feeling, a sensation in the viewer that corresponds to the information provided by the scientific explanation," said Tellaetxe. "The intention is to let the viewer experience the impact that elements of art such as color, shape and texture can have on our perceptions and to inform about the science behind those perceptions.