

Med School Watercooler

NEWS FROM FREDERICK P. WHIDDON COLLEGE OF MEDICINE
AT THE UNIVERSITY OF SOUTH ALABAMA

Thursday, April 1, 2021

Mark your calendar for upcoming grand rounds

Mental Health Grand Rounds

"Caretaker Burnout"

Julie Graham, LPC, CADC, USA Employee Assistance Program

8 to 9 a.m. Wednesday, April 7

Zoom: <https://southalabama.zoom.us/meeting/register/tJcsf-isqjMiHtyYx3UlyuC-50kwlSE7ai2f>

Contact: Sharrie Cranford at 251-414-8080 or scanford@southalabama.edu

Surgery Grand Rounds

"Global Surgery: Engaging a Curriculum for Health Disparities"

Robin Petroze, M.D., assistant professor of pediatric surgery, University of Florida

7 to 8 a.m. Friday, April 9

Zoom: <https://usahealthsystem.zoom.us/j/98663997082>

Contact: Tyronda Rogers at 251-445-8230 or

tmrogers@health.southalabama.edu

Pediatric Noon Lecture

"Allergic Rhinitis and Conjunctivitis and their Complications"

Theresa Bingemann, M.D., associate professor of pediatrics and medicine,

University of Rochester School of Medicine & Dentistry

Noon to 1 p.m. Tuesday, April 13

Zoom: https://southalabama.zoom.us/meeting/register/tJEsc-2tqZuGNXZOgIMF_X9X9EgDnMSIr2R

Contact: Jessica Petro at 251-415-8688 or

jpetro@health.southalabama.edu

Pediatric Noon Lecture

"When to Suspect a Primary Immune Deficiency"

Theresa Bingemann, M.D., associate professor of pediatrics and medicine,

University of Rochester School of Medicine & Dentistry

Noon to 1 p.m. Thursday, April 15

Zoom:

<https://southalabama.zoom.us/meeting/register/tJAvdemurzovE9SBthhimzEHZ6QtLgrhEJLX>

Contact: Jessica Petro at 251-415-8688 or

jpetro@health.southalabama.edu

Pediatric Grand Rounds

"The Spectrum of Food Allergy for Pediatricians"

Theresa Bingemann, M.D., associate professor of pediatrics and medicine,

University of Rochester School of Medicine & Dentistry

8 to 9 a.m. Friday, April 16

Zoom:

https://southalabama.zoom.us/meeting/register/tJEucOitpzojHNcfpR_JnHFx4vPlHrufHMK3

Contact: Jessica Petro at 251-415-8688 or

jpetro@health.southalabama.edu

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Join virtual events for National Public Health Week

A step challenge, a virtual panel discussion and a Zoom yoga session are a few of the activities planned during National Public Health Week, April 5-11, at the USA College of Medicine.



Members of the Public Health Interest Group (PHIG) say they are hosting the events to highlight public health shortcomings and successes.

"Highlighting National Public Health Week at the USA College of Medicine is meaningful to us because we are able to expose students to the importance of understanding and incorporating public and population health measures into their medical practice," said Gisella Ward, M.P.H., a third-year medical student who is president of the interest group. "As future physicians, we have to be aware of the health inequities around us and advocate for change in our clinics and health systems, throughout our communities and at all levels of government policy."

Medical students can request to join the private PHIG group on Facebook to follow the events.

Among the week's activities:

April 5-11: Keep it Moving Step Challenge

Each day, you can comment on the PHIG Facebook group post with a screenshot of your step count on any fitness app to enter to win a \$10 gift card. Winners will be announced the following morning. (The contest is a raffle, so the step count doesn't matter. Just show us that you are getting up and moving.) One overall winner will receive a \$20 Chick-fil-A gift card on Sunday.

Monday, April 5: Rebuilding

Check out our Facebook group for an article from Allen Perkins, M.D., M.P.H., outlining how the Biden administration has used the COVID-19 relief package to begin the process of rebuilding the nation's health.

Tuesday, April 6: Advancing Racial Equity

Join us at 5 p.m. for a panel discussion and live Q&A on the state of racial equity in healthcare in Mobile and Alabama as a whole. Panelists will be Johnson Haynes, Jr., M.D.; Nina Ford Johnson, M.D.; and Errol Crook, M.D.

Wednesday, April 7: Strengthening Community

Join us in making spring-themed cards for residents of Springhill Home Health & Hospice. The Public Health Interest Group has distributed art supplies (markers, paper, stickers) to the USA College of Medicine mailboxes for M1s and M2s, and in Mastin 202 for M3s and M4s.

Thursday, April 8: Galvanizing Climate Justice

Climate change can have primary and secondary effects that lead to health concerns such as increased incidences of asthma/allergies, respiratory/cardiovascular disease, infectious disease and heat stroke/dehydration, to name a few. Some groups such as the elderly, children, minorities and those who live in poverty are disproportionately affected and need advocates to reduce their risk. In an effort to educate while still having fun, we are hosting trivia in the Facebook group throughout the day.

Friday, April 9: Constructing COVID-19 Resilience

While we have made great progress with COVID-19 vaccinations, the fight against the pandemic is still going strong. Wearing a mask provides extra protection for you and those around you, so we would like to give out customized PHIG masks.

Saturday, April 10: Uplifting Mental Health and Wellness

We are hosting a Zoom yoga session at 9 a.m. Join chief pathology resident Jordan Lowery, M.D., a USA College of Medicine alum, as she leads us in a much-needed wellness activity.

Sunday, April 11: Elevating the Essential and Health Workforce

All week long, we are honoring the essential healthcare workers at USA Health University Hospital, Children's & Women's Hospital, the Mitchell Cancer Institute

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Meet a Med Student: Alexander Polski

Med School Café to address precision medicine

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and the Strada Patient Care Center by hanging custom banners around the buildings. We also will highlight various essential healthcare workers each day, so be sure to take a look at the windows.

Posted by [Med School Watercooler](#) at [12:42 PM](#) No comments: 

Wednesday, March 31, 2021

Plastic surgeon joins USA Department of Surgery faculty

After a surgery residency at USA Health three years ago, Kelsey McKee, M.D., recently returned to join the plastic and reconstructive surgery team and help increase the reconstructive opportunities for patients fighting breast cancer.

For McKee, who knew she wanted to be a doctor as a child, surgery – specifically plastic surgery – was the most exciting and fulfilling area of medicine for her that offers the greatest impact for her patients.

"I can help patients in unique ways, whether it is reconstructing an extremity after a traumatic accident so that they can return to work, or performing breast reconstruction after breast cancer so that a woman feels confident about her appearance as a survivor," she said.


McKee, who is also an assistant professor of surgery at the USA College of Medicine, grew up in southern West Virginia and attended undergraduate and medical school at West Virginia University. She came to Mobile with her husband for general surgery residency training at USA Health and has been at Indiana University School of Medicine for the past three years completing a plastic surgery fellowship.

She chose USA for her residency because of the ability to train in a wide variety of surgical fields and the opportunity for extensive experience in the operating room early in the program. During her time here, she gained a surgical family that supported her through what can be stressful and challenging training. That support and preparation ultimately helped in her decision to pursue a plastic surgery fellowship.

McKee says she was drawn back to USA Health because of the significant amount of growth the academic health system has experienced in the past few years.

"I see great potential for future growth as well and the ability to offer additional leading-edge treatments to patients," she said. "I was very excited to have the opportunity to join in on this venture."



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Meet a Med Student: Alexander Polski

Alexander Polski

Age: 23

Class of: 2024

Hometown: Mobile, Ala.

Undergrad/grad institution: Auburn University


Degrees earned: Bachelor of Science in biomedical sciences

Interests, hobbies: Traveling, camping, hiking, biking, most any outdoor thing I've tried. Next up on my bucket list: skydiving.

Something unique about me: I spent the summer driving cross-country to the Pacific Coast, camping along the way at each major destination with my girlfriend. By the end, we covered 10,000 miles and had camped at 12 national parks.

Three of my favorite things: Spending time with family and friends, learning a new hobby, getting some sun.



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Tuesday, March 30, 2021

Med School Café to address precision medicine



Jillian Bowers, MPH, program manager for the All of Us Research Program at USA Health, and Shemika Brown, navigator/coordinator for the All of Us Research Program, will present "The Future of Health Begins with You," at the Med School Café lecture at 12:30 p.m. Tuesday, April 13. The event will be held virtually via zoom.


Together, Bowers and Brown will give an overview of the All of Us Research Program at USA Health – a nationwide research program administered by the National Institutes of Health that seeks to advance individualized prevention, treatment and care for people of all backgrounds. They will also discuss the types of health information participants can expect to receive by taking part in the program and give an overview of the participation steps.

To register for the lecture, visit <https://usahealthsystem.zoom.us/meeting/register/tJ0qd->

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Med School Café is a free community lecture series sponsored by USA Health. Each month, faculty and physicians share their expertise on a specific medical condition, providing insight on the latest treatment available.

For more information, contact Kim Partridge at kepartridge@health.southalabama.edu.

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